



# TLG MONTHLY

**AUG. 2018**  
VOLUME 1, ISSUE 10

PHYSICIAN ASSISTANT AND ADVANCED PRACTICE REGISTERED NURSE (APRN) NEWS AND INFORMATION

## SUMMER VACATION

### WHY YOU NEED TO SIT IN ONE OF THESE CHAIRS NOW!

When your profession is taking care of others, it's important to make sure you take care of yourself as well. Nurse practitioner and physician assistant are rewarding, but stressful careers. The importance of taking a vacation at least one to two times a year cannot be overstated. Studies suggest taking a holiday from work increases happiness, creates better sleep habits, boosts cardiovascular health, and reduces stress. Plus, good vacations make you a better nurse. Taking time away from work is one of the best ways to gain perspective and gain appreciation for your job. Don't feel guilty about planning a vacation. For more on vacations, click [here](#).



## PA school is expensive, but help is out there

With the average anticipated debt load from PA school at \$75,000-\$124,000, it is important that you realistic plan for how you are going to pay for your education. Funding sources vary and federal loan programs will probably form the foundation of your assistance package. Many states also offer financial aid funding. Here are some of your aid options: 1. Federal and state loans and grants. 2. Scholarships and traineeships such as Americorps. 3. Loans, repayment programs and consolidation services. 4. AAPA constituent organization scholarships. 5. The United States military service and loan payment program for candidates who wish to be physician assistants in the military (see next page for more information). For full details on all scholarships, grants and other aid, click [here](#).





# The World Nursing and Nurse Practitioner Conference

The 25th World Nursing and Nurse Practitioner Conference Nurse Practitioner will be held in Osaka, Japan from October 22-23.

This event brings together truly innovative thinkers who are leading the way through new disruptive solutions and rethinking the nursing and nurse practice mindset and will help you to better understand how to develop the right Nurse Practice and strategy with a strong scientific, clinical and commercial mindset and how innovative scientific techniques, emerging technologies, and innovative devices can transform nursing and nursing practitioner.

Registration is open now. Admission is between \$799-\$1,249 depending on length of stay and accommodations. For more on the conference, click [here](#).

## CAREER

### THE NAVY IS LOOKING FOR A FEW GOOD NURSES/PAs

Have you ever considered becoming a physician assistant or nurse practitioner AND serving your country at the same time? In the Navy Health Professions Scholarship Program (HPSP), you can receive 100% tuition assistance while completing an eligible physician assistant education program, plus a monthly stipend in excess of \$2,200 to help cover living expenses for up to 24 months.

Members of the Navy Nurse Corps may serve at the more than 250 Navy and medical facilities around the world. The Navy is particularly interested in recruiting family, pediatric, psychiatric and women's health nurse practitioners. Navy Nurses quickly rise to the top of their profession. They provide care, not only for military service members and their families, but also for people in need around the globe.

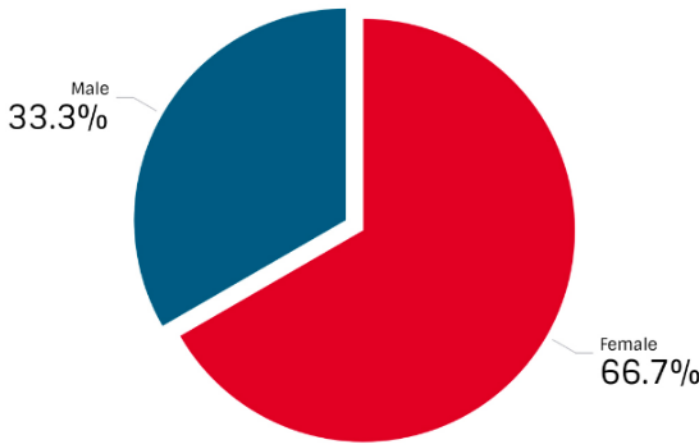
**A word of warning:** The military imposes a structured lifestyle that does not suit everyone. But, if you have a desire to serve country and patients and get a lot of financial assistance, the U.S. Navy may be for you. For more information on the Navy's NP program, click [here](#). For the PA program, click [here](#).



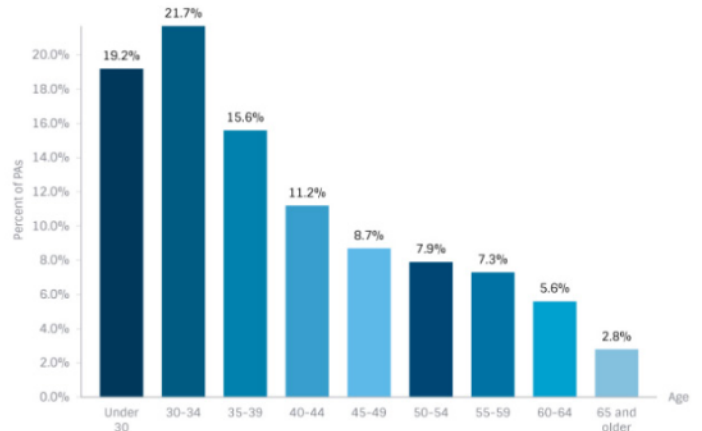
STATISTICS

# AAPA SALARY REPORT AT A GLANCE

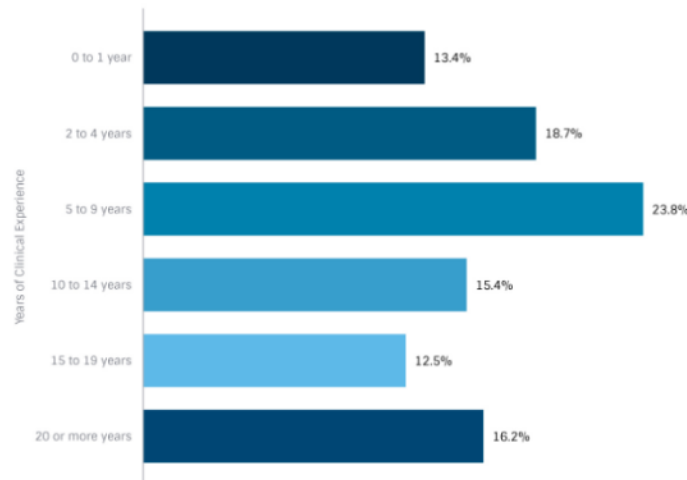
**Distribution of PAs by Gender**



**Distribution of PAs by Age**



**Distribution of PAs by Years of Clinical Experience**



**THE MAJORITY OF PAS HAVE FIVE TO NINE YEARS OF CLINICAL EXPERIENCE**

Reflecting the recent growth in the number of PA programs and new graduates, more than half (55.9%) of PAs have less than ten years experience as a PA

(2016 statistics)





# How a NP can avoid mistakes from Day 1

Here are a few tips for conquering the initial days on a new nurse practitioner job:

- 1. Identify allies.** Identify a few friendly individuals willing to help you out.
- 2. Be prepared.** Make a good impression with little, but important things like a freshly steamed lab coat on your first day.
- 3. Do a test run.** Don't wait until your first day to drive to the hospital or office. Make a test run to judge traffic and find a parking spot.
- 4. Bring sustenance.** Pack a lunch or dinner and snacks for your first day). And, make sure these are items that are quick and easy to eat.
- 5. Flexibility is key.** Flexibility and adapting to unexpected responsibilities and situations is key when you start a new job.
- 6. Work you \$#%& off.** Long shift, and unexpected circumstances, especially in an emergency room, can sap you energy. Be prepared to have to muster more energy than you thought. For more lessons from an ER nurse practitioner, click [here](#).



## LATEST NEWS AND HEADLINES

- ▶ The Boston Public Health Commission is warning the public of a potential measles exposure at Logan Airport.
- ▶ A Senate committee approves bill allowing pharmacists to tell patients that a drug is cheaper if they use cash instead of insurance.
- ▶ U.S. Surgeon General Jerome Adams, M.D., said combating the opioid epidemic is the top priority for his office and the Trump administration, and they are focusing on three critical areas — prevention, education and naloxone.
- ▶ A new study from the University of Iowa finds that children with autism spectrum disorder (ASD) are more than twice as likely to suffer from a food allergy than children who do not have ASD.
- ▶ Federal health officials reported that an additional 123 cases of cyclospora infection in an outbreak linked to McDonald's salads that began in May.
- ▶ More than 50 current and former University of South California students are suing gynecologist Dr. George Tyndall for sexual abuse and harassment.

U.S. News

[Coffee linked to longer life](#)

New York Times

[New Alzheimer's drug slows memory loss in early trial results](#)

Masters in nursing

[How do you feel about hugging patients?](#)

USA Today

[Sunscreen pills don't work, FDA says](#)





**NURSE PRACTITIONERS**

## 6 FACTS ABOUT THE MODERN NP GRADUATE

In January 2014, the Affordable Care Act extended health insurance to an estimated 30 million previously uninsured Americans. As a result, the need for healthcare providers has skyrocketed.

But there's good news. Nurse practitioners are finishing graduate school in record numbers, and thanks to rigorous education programs, they're more qualified than ever to practice in primary care, acute care, and long-term healthcare settings.

Here are some facts you may not have known about the modern nurse practitioner graduate:

1. The majority of NPs spent several years working as registered nurses before entering their NP programs.
2. An estimated 20,000 new NPs

completed academic programs last year alone.

3. Becoming a certified NP requires completing 500 didactic hours and 500 to 700 clinical hours.
4. NPs are being trained on a variety of EMR systems, making them the most technologically savvy candidates to come on the market yet.
5. New NPs are trained to be highly analytical and observational, in addition to approaching care from a holistic perspective that can help improve overall health and reduce costs.
6. New NPs are being groomed to handle tasks traditionally attributed to doctors, such as diagnosing illnesses, prescribing treatments and medications, and taking charge of patients' overall care.

**TLG RECRUITER SPOTLIGHT**

## CARLI MAZZARELLA

Carli is our newest recruiter. She joined Lyle Health this summer 2018.

**WHY RECRUITING**

I love recruiting because no two days are the same and I'm constantly learning new things. It is a very gratifying business because I help changes people's lives for the better.

**FAVORITE PART OF MY JOB**



Meeting new people and helping them find their dream job! Recruiting is a challenging but

rewarding industry that always keeps me on my toes.

**THREE THINGS YOU DIDN'T KNOW ABOUT ME:**

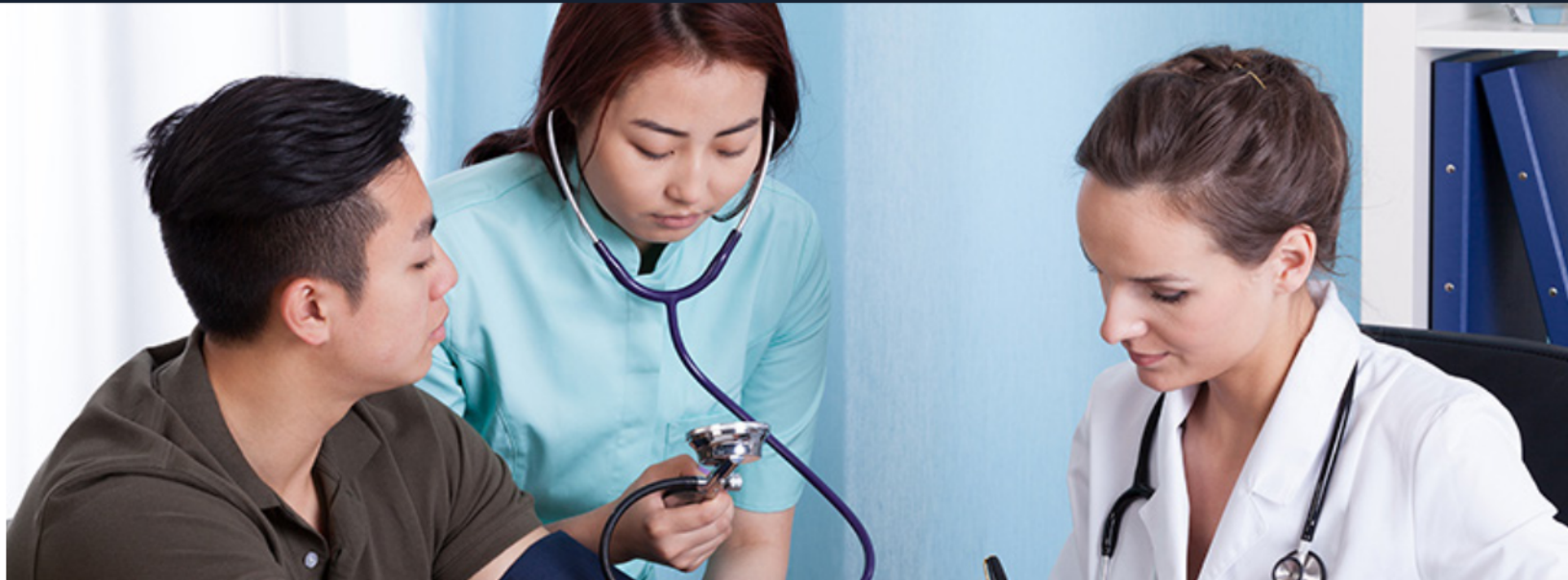
1. I have my masters from CCSU
  2. I have a German Shepherd puppy named Koda
  3. I love to run!
- 860.470.7611

**PHYSICIAN ASSISTANTS**

# 115,547

From just four practicing physician assistants in the year 1967 to roughly 115,547 practicing PAs in 2018. PAs are nationally certified and state licensed to practice medicine and prescribe medication in every medical and surgical specialty and setting in all 50 states.





**INSIDE TLG (THE LYLE GROUP IS AN EXECUTIVE PA & NP SEARCH FIRM)**

## ADVANTAGES OF USING A CONTINGENT STAFFING SERVICE

Sourcing, screening and hiring Physician Assistants and Nurse Practitioners can be a very difficult task. PA and NP Providers are typically an integral part of any organizations ability to effectively meet patient demands and provide top-level healthcare services. At Lyle Health, we solely recruit and place Physician Assistants and Nurse Practitioners.

That is all we do. We offer both permanent, locum and locum-to-permanent staffing services. We typically direct source 70% of our permanent placements and have a robust repository of providers to meet employer needs. Below are the advantages for both employers and providers in using contingent services:

**TOP 5 ADVANTAGES FOR EMPLOYERS TO USE CONTINGENT STAFFING SERVICES:**

**TOP 5 ADVANTAGES FOR CANDIDATES TO USE CONTINGENT STAFFING SERVICES:**

- \* Gain access to candidates otherwise not available to employers
- \* Passive providers, and especially those confidentially looking for new opportunities, rarely apply to ads online or post their CV into CV Database job boards
- \* All candidate submissions are already pre-screened on your job requirements, location and specialty
- \* Employers only pay if they hire a candidate referred to them by the staffing firm
- \* Each placement is accompanied with a 90 day full money back guarantee

- \* Save time! Recent grads can focus on rotations and certification exams and allow the recruiter to identify viable opportunities. Experienced providers can focus on their current job and allow the recruiter to search job openings on their behalf.
- \* Professional advice on CV writing, interview tips and what locations and specialties are hot and cold
- \* Gain access to jobs that are not posted online or perhaps may be confidential openings
- \* Gain an insight into why positions are open and gauge turnover factors
- \* Allow the recruiter to help negotiate any employment agreements to ensure they are optimal and fair





**HOT JOBS OF THE MONTH**

**PHYSICIAN ASSISTANT, CAPE COD, MASSACHUSETTS**

**PROVIDER TYPE** Physician Assistant

**DESCRIPTION** An established neurosurgery group on Cape Cod is looking to add a Physician Assistant to staff! The PA will have a variety of responsibilities including seeing neurosurgery patients in a clinic setting as well first assisting in the operating room on spine and brain cases. The group is only interested in speaking with candidates who have a background in neurosurgery, orthopedic spine, or general orthopedics. The schedule is Monday-Friday with no call or weekends.

**CONTACT**

[james@lylestaffing.com](mailto:james@lylestaffing.com) | 860.470.7611

**PHYSICIAN ASSISTANT, BIRMINGHAM, ALABAMA**

**PROVIDER TYPE** Physician Assistant

**DESCRIPTION** Our client, located in the Birmingham, AL area, is looking to add a Physician Assistant to their growing Orthopedic team. This position will be an 80/20 split between operating room and rounding, with the heavier emphasis on the surgical side. Ideal candidates will have experience in Orthopedics, but the client is open to candidates with a background as ATC or PT. The position comes with a competitive salary and excellent benefits. Apply today!

**CONTACT**

[josh@lylestaffing.com](mailto:josh@lylestaffing.com) | 860.470.7611

**CANDIDATE SPOTLIGHTS**

**ROBERT BRANNICK, PA**

Robert is from the Chicago suburbs and is targeting orthopedic opportunities in the area. During his orthopedic rotation he was able to first assist, round on inpatients, evaluate x-ray/CT/MRI's, perform joint injections, and reduce fractures. Robert is extremely well spoken and is taking his PANCE next month.

**LYNN PARKER, FNP**

Lynn currently lives in Central Illinois and is actively targeting opportunities in the area. She has nearly 2 years of experience as a nurse practitioner in primary care settings as well as over 20 years of prior experience as a RN. She is licensed in IL and available to start as soon as needed.

**CONTACT**

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**SOCIAL MEDIA**

**TLG IS ON FACEBOOK**

Find us [here](#). TLG sources Physician Assistant ("PA") and Nurse Practitioner ("NP") openings from current clients, prospective clients and referrals. We promote and encourage the hiring of PAs/NPs and assist with and expedite the interview and hiring process. Employers without dedicated PA/NP recruiters, and employers with hard-to-fill positions, place great value on our assistance, because TLG sources candidates employers cannot find on their own.