



# TLG MONTHLY

MAY 2018  
VOLUME 1, ISSUE 7

PHYSICIAN ASSISTANT AND ADVANCED PRACTICE REGISTERED NURSE (APRN) NEWS AND INFORMATION



## MOTHER'S DAY

### THE LIFE OF A PA MOTHER

Anna is a PA student from Texas. She's also a mother of two boys, both under 10 years old. For three years, she applied to PA programs before finally getting accepted to a PA school in San Antonio, almost three hours away from her home. "I knew it would be hard," she says, "but I could not lose this opportunity. I was one of the 45 students accepted out of 1,800 applicants, and I needed to figure out how to make it work." Anna has a great support system through her husband and her mother. They take care of the kids during the week, she reconnects on the weekends. "If I were to give advice to future PA school students with children," she says, "I would say stay focused on your main goal and know why you are doing this." For Anna's story, click [here](#).

## You got the degree! You're on you own

You made it! Your hard work has paid off. Now that you're not a student anymore and are entering the workforce, you're more on your own than you realize. Here's some advice from a physician assistant who has been in the workforce for a year.

- 1. Introduce yourself to everyone.** Don't wait to be introduced. And be prepared to be asked, "When are you going to become a doctor?"
- 2. Track everything you do from Day 1.** This will come in handy when you want to evaluate your impact to the clinic/service.
- 3. Continue learning.** Learning is lifelong and there will always be something you do not know in medicine.
- 4. Celebrate accomplishments.** Jot down personal achievements and positive feedback.
- 5. Stay connected with classmates.** For more advice, click [here](#).





# Got the job offer? Now think about retirement

The Bureau of Labor Statistics data shows average salary for physician assistants to be \$97,280. Other salary reports show the average salary to be well over \$100,000. According to the Medical Group Management Association (MGMA), the average annual compensation for physician assistants is \$84,326 in primary care, \$97,207 for surgical specialties. A job package often includes an additional \$6,000 to \$7,000 worth of retirement benefits per year.

When you're evaluating two job offers it is important to look at everything that is offered and not just the base salary. A good tip: Make a chart and comparing everything side by side. Remember, as you search for new jobs and meet with potential employers, you are interviewing them just as much as they are interviewing you. Take everything into account, including the retirement benefits.

## YOUR CAREER

### 6 VALUABLE WEBSITES FOR PA JOB SEARCH

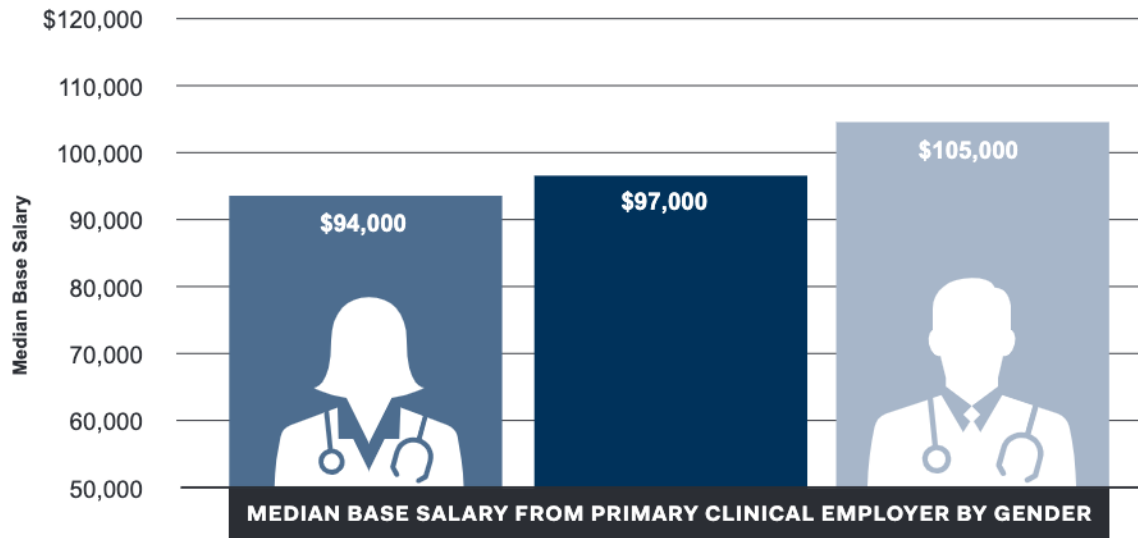
- 1. Lylestaffing.com** The Lyle Group and the National Provider Matching Program have partnered together to offer premier placement services for Physician Assistants and Nurse Practitioners.
- 2. ZipRecruiter.com** The resume and CV management sections of the website are the best of the best and the job search is quick, relevant and feature rich.
- 3. Indeed.com** One of best sites for finding PA jobs.
- 4. Google job search.** With a basic Google search using the appropriate search query within Chrome browser, you can search physician assistant jobs by keyword, location and endless filters.
- 5. AAPA PA Job Source ([www.jobs.aapa.org](http://www.jobs.aapa.org)).** The defining feature of the AAPA's job source is that your search is strictly for PAs—avoiding the clutter found on search sites such as Indeed.com, Monster.com, and Ziprecruiter.com.
- 6. LinkedIn.com.** This is a must-site for professionals in all areas of business and health care. Employers use LinkedIn as a screening tool, and it can be a great place to make connections as well as a good first impression.



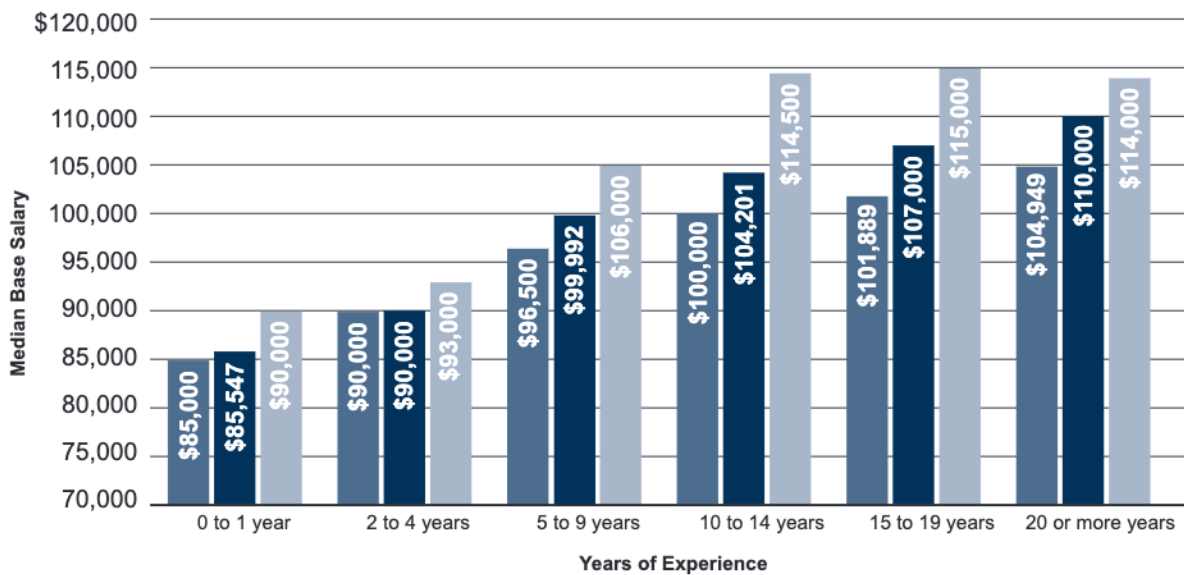
**STATISTICS**

# AAPA SALARY REPORT AT A GLANCE

■ Female ■ All PAs ■ Male



■ Female ■ All PAs ■ Male



(2016 statistics)





**HOT JOB OF THE MONTH**

## PA/NURSE PRACTITIONER IN NEW HAVEN, CT

Growing New Haven, CT based Internal Medicine practice has an immediate need for a Physician Assistant or Nurse Practitioner. The position is a Monday to Friday position with an occasional half day on Saturday. PA/NP will work alongside an established team of Advanced Practitioners and Physicians assessing the physical and psychosocial status of patients, conducting physical exams, and eventually work autonomously. New Haven is a vibrant coastal city home to Yale University and only a quick train ride away from New York City.

**CONTACT**

[kevin@lylestaffing.com](mailto:kevin@lylestaffing.com) | 860.470.7611

**NP JOB OUTLOOK**

▲ **34%**

Nurse Practitioner jobs (which includes general) are expected to experience a 34 percent growth through 2022. Add to that the option to work independently, and the outlook for this specialty is robust. A Master of Science in Nursing (MSN) is the minimum degree requirement for becoming a nurse practitioner, followed by earning Nurse Practitioner licensure as specified by your state.



## LATEST NEWS AND HEADLINES

- ▶ A new study of data conducted by the San Francisco Veterans Affairs Medical Center and the University of California indicated veterans who have suffered a mild traumatic brain injury or concussion are at higher risk of Parkinson's Disease.
- ▶ Two Haitian-American nurses are suing Brigham and Women's Hospital (Mass.), one alleging she was denied a promotion because of race and the other saying management retaliated against her for supporting her colleague. The hospital denies the charges.
- ▶ Union nurses at two Scranton, PA area hospitals participated in a strike after working without a contract for a year. The issues: staffing levels, safety pay, and healthcare.
- ▶ Hazel Hawkins Hospital in Hollister, CA is facing the threat of closing like other rural hospitals, according to a report. Admissions are declining and expenses are increasing.
- ▶ Sarasota Memorial Health Care System has been named as one of the world's best workplaces for creating an environment that inspires commitment and engagement.

U.S. News	<a href="#">1st death in romaine lettuce E. Coli Outbreak</a>
ABC News	<a href="#">Trump medical record "raid" raises patient privacy questions</a>
New Scientist	<a href="#">Does pasta lead to early menopause?</a>
Medical News	<a href="#">Why you feel tired all the time</a>
New Scientist	<a href="#">Smart people literally have bigger brain cells</a>
Nurse.org	<a href="#">Nurse tried to save woman on airplane</a>





**YOUR CAREER**

# THE 10 BEST CITIES FOR PAs TO MOVE TO IN 2018

In its 2018 ranking of best health care jobs, *U.S. News and World Report* ranked physician assistant second in best health care jobs and third in best jobs overall. But where's the best place to live. Palife.com has compiled a list. These cities were ranked by the following factors: Job availability, Average annual salary, Median home price, Median annual rent. Finally, they combined the rankings (giving double weight to job availability) to determine an overall ranking.



**1. GREATER HARTFORD, CT**  
% share of job listings: 16.2%  
Avg. annual salary: \$103,538  
Median home price: \$247,400  
Salary as percentage of home price: 41.9%  
Median annual rent: \$11,940  
Rent as a percentage of income: 11.5%



**2. DURHAM, NC**  
% share of job listings: 22.5%  
Avg. annual salary: \$107,606  
Median home price: \$350,000  
Salary as percentage of home price: 30.7%  
Median annual rent: \$12,600  
Rent as a percentage of income: 11.7%



**3. PITTSBURGH, PA**  
% share of job listings: 5.9%  
Avg. annual salary: \$96,548  
Median home price: \$168,967  
Salary as percentage of home price: 57.1%  
Median annual rent: \$11,100  
Rent as a percentage of income: 11.5%



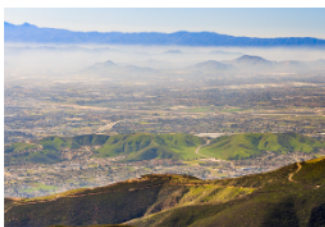
**4. RALEIGH, NC**  
% share of job listings: 8.7%  
Avg. annual salary: \$106,974  
Median home price: \$319,900  
Salary as percentage of home price: 33.4%  
Median annual rent: \$12,660  
Rent as a percentage of income: 11.8%



**5. CHARLOTTE, NC (TIE)**  
% share of job listings: 5.9%  
Avg. annual salary: \$103,697  
Median home price: \$295,000  
Salary as percentage of home price: 35.2%  
Median annual rent: \$14,940  
Rent as a percentage of income: 14.4%



**5. PHILADELPHIA, PA (TIE)**  
% share of job listings: 5.9%  
Avg. annual salary: \$102,372  
Median home price: \$224,900  
Salary as percentage of home price: 45.5%  
Median annual rent: \$15,000  
Rent as a percentage of income: 14.7%



**7. RIVERSIDE, CA**  
% share of job listings: 6.3%  
Avg. annual salary: \$121,184  
Median home price: \$369,900  
Salary as percentage of home price: 32.8%  
Median annual rent: \$16,692  
Rent as a percentage of income: 13.8%



**8. BALTIMORE, MD**  
% share of job listings: 9.5%  
Avg. annual salary: \$102,928  
Median home price: \$275,000  
Salary as percentage of home price: 37.4%  
Median annual rent: \$17,676  
Rent as a percentage of income: 17.2%



**9. ORLANDO, FL**  
% share of job listings: 8.7%  
Avg. annual salary: \$101,069  
Median home price: \$279,900  
Salary as percentage of home price: 36.1%  
Median annual rent: \$14,520  
Rent as a percentage of income: 14.4%



**10. NEW YORK, NY**  
% share of job listings: 10.3%  
Avg. annual salary: \$106,469  
Median home price: \$474,900  
Salary as percentage of home price: 22.4%  
Median annual rent: \$24,840  
Rent as a percentage of income: 23.3%